

SGOT

(ASPARTATE AMINOTRANSFERASE) (DNPH Method)



CLINICAL SIGNIFICANCE

A high activity of AsAT is the Clinical indication of myocardial infarctions, noticeable after a few hours of onset and **lasting for 4-5 days**. High levels are also found in case of liver cell damage, muscular dystrophy and dermatomyositis.

PRINCIPLE

Aspartate aminotransferase catalyses the following reaction:



GOT activity is shown by the quantity of oxalacetic formed. This ketoacid may be assayed by the formation of 2, 4-dinitro phenylhydrazine which yields a brown colour in alkaline medium. The intensity of this colour is a function of the quantity of oxalocacetate formed, and thus the catalytic activity of aspartate aminotransferase.

REAGENTS COMPOSITION

1. Buffer-substrate

Phosphate buffer (pH7.4)	100 mMol/L
L-aspartate	100 mMol/L
Oxo-2-glutarate	2 mMol/L

2. Chromogen

2,4-Dinitro phenylhydrazine	1 mMol/L
Hydrochloric Acid	1 Mol/L

3. Standard

Sodium pyruvate	2 mMol/L
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4. Sodium Hydroxide

Sodium hydroxide	4 Mol/L
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STORAGE AND STABILITY

When stored tight capped 2-8°C and protected from bright light the reagents are stable until expiry date stated on each labels. Keep Reagent 4 (Sodium Hydroxide) tight Capped at room temperature. Avoid any bacterial contamination. Reagent 4 when diluted and kept in polyethylene vials is stable for at least 8 days between 18 and 25°C.

SAMPLE

Use fresh serum which has no signs of haemolysis. No prior patient preparation is needed.

LIMITATIONS

This method is not linear. Each kit should be quality controlled and calibrated for its activities corresponding to the enzyme. For more accuracy a control must be run along with the test adding serum after Step 4. Any colour shows above the blank of the standard (Tube no 1 of calibration graph) must be deducted from the test reading.

RESULTS

Compare the Optical Density of the Test against the standard calibration graph, any sample having activity greater than 100 Karmen Units/mL must be diluted with 0.9% saline and be

PROCEDURE

- | | |
|----------------------|----------|
| Reagent 4 | 1 volume |
| Distilled Water..... | 9 volume |
- Into a test tube, introduce :
Reagent 1 0.5 mL
Incubate at 37°C for 5 minutes.
 - Add : serum 0.1 mL
Mix carefully, leave for exactly 60 minutes at 37°C.
 - Add : Reagent 2 0.5 mL
Mix well. Let stand 20 minutes at 18-25°C.
 - Add rapidly whilst mixing :
Reagent 4, working 5 mL
 - After exactly 5 minutes, read the optical density against distilled water at 530nm (510 - 550 nm Green filter)

CALIBRATION

- Into 5 test tubes labelled as under introduce :

	Tube 1 mL	Tube 2 mL	Tube 3 mL	Tube 4 mL	Tube 5 mL
Distilled Water	0.1	0.1	0.1	0.1	0.1
Reagent 1	0.5	0.45	0.4	0.35	0.3
Standard 3	0	0.05	0.1	0.15	0.2
Reagent 2	0.5	0.5	0.5	0.5	0.5
Mix will, allow to stand 20 Minutes at 18-25°C.					
2. Add rapidly whilst mixing : Reagent 4, working	5	5	5	5	5
3. After exactly 5 mins, read the optical density against distilled water at 530 nm (510-550 nm) corresponding GOT activities is Karmen Units/mL	0	24	61	144	190

- Draw the standard curve, expressing GOT activities on the x-axis and optical densities on the y-axis of a graph.

EXPECTED VALUES

Male : 4.2 to 28.9 Karmen Units/mL

Female : 2.6 to 27.8 Karmen Units/mL

BIBLIOGRAPHY

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BERGMEYER H.U. Methods of Enzymatic analysis 2nd Ed. Vol. LI (1974) Academic Press N.Y.

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